

## Spirit Running

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Care for your neighbor.
Care for yourself.
Care for the stranger,
And everyone else.
Love both your friend
And your enemy.
For we are all
One humanity.

There is this Great big love that links us all within one web of life. There is this Spirit running like a river through creation.

Care for the earth
And all it contains.
We share the same sunshine
The winds, and the rains
With all creatures
On air, land, and sea.
Protect wild places where they
Can live free.

## Chorus

Care for the forest,
The prairie and pond,
For your little corner,
And what lies beyond.
Care for the ocean,
The atmosphere too,
For this good earth takes
Good care of you.