## MOVE Psalm 109

O my God, help me! Save my life with your love! - *Psalm 109.26* 

Psalm Synopsis: In this brutal rant, a devastated Psalmist prays God will wreck his betrayers who besmirched his reputation and destroyed his livelihood. His boiling rage and life-altering trauma somehow gives way to the Psalmist trusting God with his future. (See "Love Stands With," also based on Psalm 109).

Place in worship: Preaching, Sending

Seasons for use: RCL- Psalm 109 is not in the Revised Common Lectionary Anytime John 8 is proclaimed Stewardship season as the local church invests in vital ministry

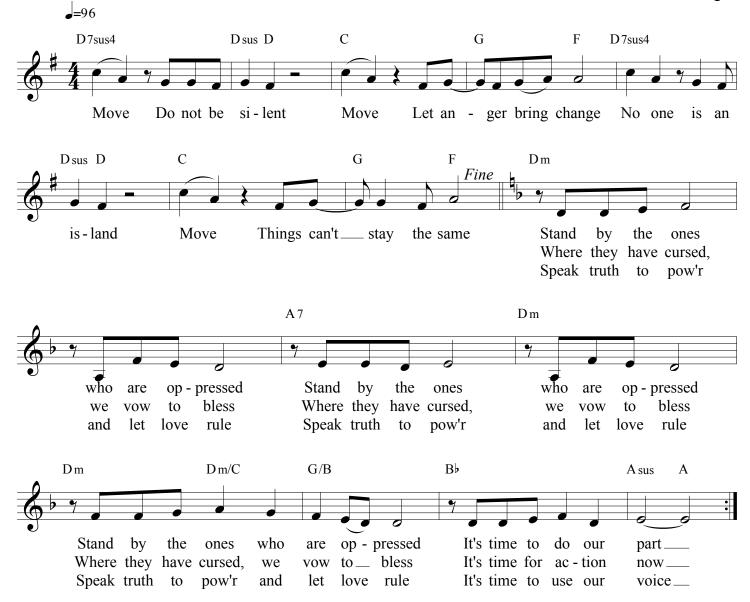
## Songleader's notes:

- Vital to reading Psalm 109 is the understanding that the Psalmist is one who has been victimized, not someone of authority, privilege or power.
- Verse one of "Move" aligns with Psalm 109.31, verse 2 with 109.28. Verse 3 echos the 1950's Quaker expression for the non-violent approach to change centered in love and justice, "Speak truth to power."
- Anger can be good fuel for change. Love often calls for disruptive action.
- Reflection: List some moments in the gospels when Jesus was disruptive of expectations. What were his reasons? What were the outcomes?
- "Do we have to lament? What if we're not upset about anything?" As with all Psalm laments, Psalm 109 may be important for your community because some of us in the room have had experiences with victimization, but it's not only about that. Laments are for us to pray on behalf of all who are suffering around the world, as Jesus Christ models. Practicing faithful lament engages our hearts, minds and action with people and situations far away and close to home.

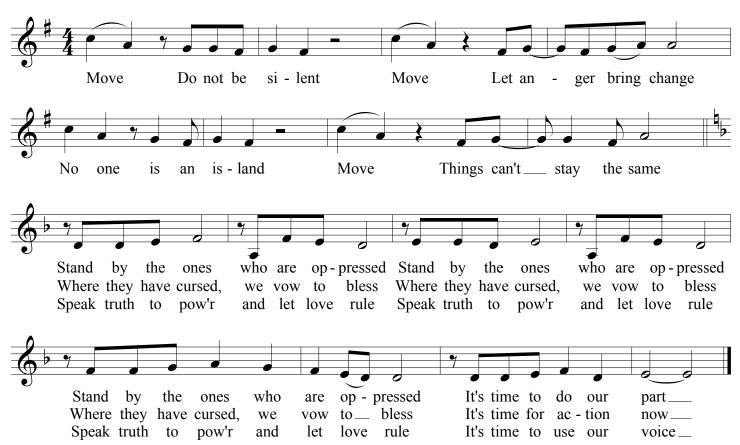
STANDS

**Move** Psalm 109

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Words and music by Richard Bruxvoort Colligan

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