



Oh God, My God

By Ana Hernandez

*Dedicated to firefighters and
all first responders who struggle
to care for themselves after ruinous shifts.*

Oh God, my God, help me release my work for today.
Oh God, my God, hep me release my work for today.
Let me lay down my troubles and rest this night.
Let me lay down my troubles and rest this night.
Let me lay down my troubles and rest this night in peace.

Oh God, my God, help me release my work for today.
Oh God, my God, hep me release my work for today.
Let me lay down my troubles and rest this night.
Let me lay down my troubles and rest this night.
Let me lay down my troubles and rest this night in peace.

Let me lay down the struggle and rest this night.
Let me lay down the struggle and rest this night.
Let me lay down the struggle and rest this night in peace.
Rest this night in peace.